



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



2021 Health Awareness Calendar

January 2021

SunSmart Skin Cancer Awareness Month

4 World Braille Day
24 World Leprosy Day

February 2021

Healthy Lifestyle Awareness Month
Reproductive Health Month
Environmental Health Awareness Month

4 World Cancer Day
8 International Epilepsy Day
8-14 National Epilepsy Week
10-16 Pregnancy Awareness Week
12-16 STI\Condom Week
15 Feb–26 Mar Human papillomavirus (HPV) vaccination first round
19 Health Lifestyle Awareness Day

March 2021

TB Awareness Month

3 World Hearing Day
3 World Birth Defects Day
7-13 World Glaucoma Week
8 International Women's Day
10-16 World Salt Awareness Week
11 World Kidney Day
12 World Glaucoma Day
20 World Head Injury Awareness Day
21 Human Rights Day
21 World Down Syndrome Day
24 World TB Day

April 2021

Health Awareness Month

2	World Autism Awareness Day
7	World Health Day
17	World Haemophilia Day
19-25	African Vaccination Week
25	World Malaria Day

May 2021

Anti-tobacco Campaign Month

Burns Awareness Month

International Multiple Sclerosis Month

3-10	Hospice Week
5	World Hand Hygiene Day
5	International Midwives Day
6-12	National Burns Awareness Week
8	World Red Cross Day
10	Global Move for Health Day
12	International Awareness Day for Chronic Immunological and Neurological Diseases
12	International Nurses Day
15 May-15 June	Go Turquoise for the Elderly Campaign
17	World Hypertension Day
28	International Day of Action for Women's Health
31 May-7 June	Child Protection Week
31	World No Tobacco Day

June 2021

Men's Health Month
National Blood Donor Month
National Youth Month
Go Turquoise for the Elderly Campaign

1	International Children's Day
5	World Environment Day
6	National Cancer Survivors Day
7-13	World Heart Rhythm Week
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
21-27	SANCA Drug Awareness Week
25	World Vitiligo Day
26	International Day against Drug Abuse and Illicit Trafficking

July 2021

Mental Illness Awareness Month

5-9	Corporate Wellness Week
11	World Population Day
18	Nelson Mandela International Day
28	World Hepatitis Day

August 2021

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)
National Women's Month
Organ Donor Month
Child Health Month

1-6	World Breastfeeding Week
1-7	CANSA Care Week
2-8	Rheumatic Fever and Rheumatic Heart Disease Awareness Week
8-14	Polio Awareness Week (TBC)
9	National Women's Day
12	International Youth Day
16 Aug-23 Sep	HPV vaccination second round
26-31	African Traditional Medicine Week
31	African Traditional Medicine Day

September 2021

Albinism Awareness Month

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Cervical Cancer Awareness Month

Childhood Cancer Awareness Month

Eye Care Awareness Month (20 September to 17 October)

Muscular Dystrophy Awareness Month

Heart Awareness Month

National Month of Deaf People

National Oral Health Month

Pharmacy Month

6-10	National Kidney Awareness Week
9	International Foetal Alcohol Syndrome Day
10	International Gynaecological Health Day
14	National Attention Deficit Hyperactivity Disorder Day
17	World Patient Safety Day
17	Sunflower Day
20-26	World Retina Week
21	World Alzheimer's Day
25	World Pharmacist Day
26	World Environmental Health Day
26	World Contraception Day
28	World Rabies Day
29	World Heart Day
29	World Retina Day

October 2021

Attention Deficit Hyperactivity Disorder Month

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Eye Care Awareness Month (21 September to 18 October)

Breast Cancer Awareness Month

Mental Health Awareness Month

1	International Day of Older Persons
7-10	Backcare Awareness Week
9-15	National Nutrition Week
9	World Hospice and Palliative Care Day
10	World Mental Health Day
10-16	National Case Management Week
11-15	School Health Week
12	World Arthritis Day
12-20	World Bone and Joint Week
13	International Day for Natural Disaster Reduction
13-15	Rotary Family Health Day Outreach Campaign
14	World Sight Day
15	Global Handwashing Day
15-19	National Obesity Week
16	World Food Day
16	World Spine Day
16	World Restart A Heart Day
17	World Trauma Day
17	International Day for the Eradication of Poverty
17	National Emergency Medical Services Day
20	National Down Syndrome Day
20	World Osteoporosis Day
21	Global Iodine Deficiency Disorders Prevention Day
24	World Polio Day
24-30	International Lead Poisoning Prevention Week
28 Oct to 3 Nov	National Stroke Week
29	World Stroke Day
30	Africa Food and Nutrition Security Day

November 2021

Quality Month

Red Ribbon Month

1-5	SADC Malaria Week
3 Nov – 3 Dec	Disability Rights Awareness Month
4-10	National Cardiopulmonary Resuscitation (CPR) Week
6	National Children's Day
6	SADC Malaria Day
8	World Radiography Day
11	World Quality Day
14	World Diabetes Day
17	World Prematurity Day
18-24	World Antimicrobial Awareness Week
25	International Day for the Elimination of Violence against Women
25 Nov-10 Dec	16 Days of Activism for No Violence Against Women and Children

December 2021

Prevention of Injuries Month

SunSmart Skin Cancer Awareness Month (1 December to 31 January)

1	World AIDS Day
3	International Day of Persons with Disabilities
4-11	International Volunteer Day
10	International Human Rights Day
12	Universal Health Coverage Day